

Improving the Muscle Invasive Bladder Cancer (MIBC) Pathway

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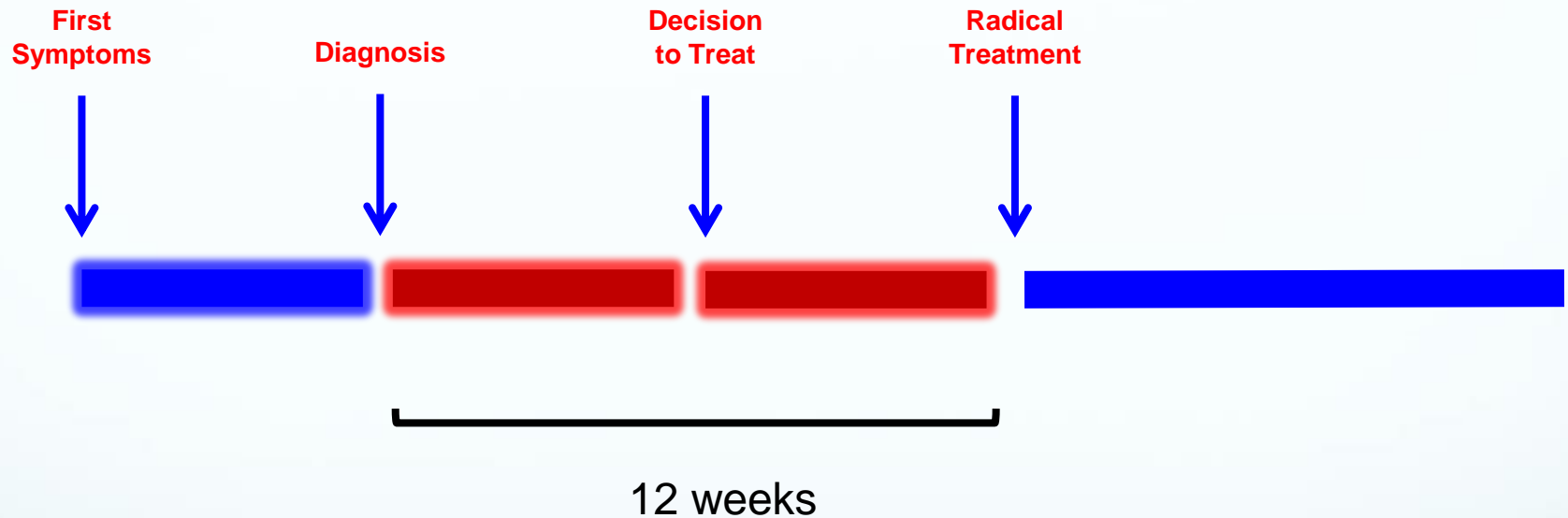
What is MIBC

- Stage T2 and above
- May want to consider very high risk NMIBC for same approach
- Why do we need to improve the pathway?
- How can the pathway be improved?

Why do we need to improve the pathway for MIBC?

- **Improve cure rates**
- Improve patient experience
- Utilise resources effectively

Improving Outcomes in MIBC



Strategies to Improve the MIBC Pathway

- Recognise suspected MIBC early and prioritise it
- Ascertain quickly if Curative treatment
 - Is possible
 - Is appropriate
- Tailor treatment to the individual to give best chance of a successful outcome

Identifying MIBC Early

- Clues at first presentation

- From USS

- Hydronephrosis
- Size

- From CTU

- From Cystoscopy

- Solid looking
- Keratinising

- Patient Factors

The terminology is important



Bladder Tumour

Wart / Polyp / Tumour

?



Bladder Tumour

Bladder Cancer

?

If MIBC is suspected in the haematuria clinic

- **Tell the waiting list office**
 - Not just a 'normal' TURBT
- **Tell the pathologist**
 - Not just a 'bladder tumour'
- **Tell the MDT co-ordinator**
 - Fast track staging
 - Prebook OPA
- **Tell the patient**
 - It's serious

Ascertaining 'Curability'

- Who can be cured?
 - Patients with disease confined to bladder
 - Patients with microscopic metastatic disease
 - Patients with low volume nodal disease (possibly)
- Who cannot be cured?
 - Patients with extensive local invasion 'fixed pelvis'
 - Patients with extensive nodal or distant disease

Imaging

- What imaging?
- Ideally before TURBT
- Primarily to assess for metastatic disease, not local extent
- Sensitivity of all current techniques is poor

TURBT

- A specialist operation?
- EUA crucial
- Prostatic biopsies and assessment of potential CIS
- Opportunity for anaesthetic assessment

MDT Review

- Must be done ASAP
- Review of pathology and imaging
- Will be discussed in next presentation

Clinic Review

- ASAP after MDT
- Specialist clinic
- Access to oncologist
- CNS support
- Ability to directly book definitive treatment

