

# Muscle Invasive Bladder Cancer (MIBC) Initial Treatment Plan

You will be given written information explaining the definition of MIBC stage and grade and we will talk you through the options available to you

If you have been diagnosed MIBC there may be several treatment options available to you.

The choice should be based on a full discussion between you and a urologist who performs radical cystectomy, a clinical oncologist and a clinical nurse specialist and should include information regarding:

## Tick when discussed

- your prognosis with or without treatment
- the limited evidence about whether surgery or radiotherapy with a radiosensitiser is the most effective cancer treatment
- the benefits and risks of surgery and radiotherapy, including the impact on sexual and bowel function and the risk of death/mortality as a result of the treatment.

## You will also

- be offered the opportunity to discuss your options with patients who have experience of all the different forms of treatment
- be given written guidance comparing the different forms of treatment
- be reminded of support forums you can contact to gain wider experience examples

## Options discussed:

- Neoadjuvant Chemotherapy (before surgery)
- Radical cystectomy (urinary stoma or a continent urinary diversion or neo-bladder)
- Radiotherapy with a radiosensitiser
- Adjuvant chemotherapy after radical cystectomy for muscle-invasive or lymph-node-positive urothelial bladder cancer

other treatment options: \_\_\_\_\_

Patient Name

NHS Number

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- Smoking cessation and/or healthy behaviours**
- Laparoscopic/ Robotic/Open cystectomy**
- stoma/continent diversion/neo-bladder**
- Radical Radiotherapy (with radio sensitiser)**
- Other Radiotherapy**
- Neo-adjuvant chemotherapy (before surgery or radiotherapy)**
- Adjuvant chemotherapy (after surgery or radiotherapy)**
- Other chemotherapy**
- Other treatment**

Your keyworker will explain each of the treatment options which are appropriate for you and provide written information regarding these options including written guidance comparing the different forms of treatment, your treatment pathway and care plan.

Insert anticipated follow up pages as appropriate.

Patient Name

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