

LIVING WITH BLADDER CANCER – Palliative Care and Preferred Place of Care

Palliative care is aimed at relieving the symptoms of bladder cancer when a cure is not possible, and includes support and advice to individuals and their families/carers to help them achieve the best possible quality of life. 'End of life care' involves caring for individuals, and their families/carers, when you or your loved one is nearing the end of their life.

Key to your care at all times during your treatment is the Holistic Needs Assessment (HNA) which your keyworker will help you complete. This will identify any areas where you may require support. We can then make any referrals to other services for you including getting support from other families who have been through or are going through the same as you.

In addition to the HNA, your keyworker may discuss with you your preferred priorities for care: <http://www.nhs.uk/resource-search/publications/eolc-ppc.aspx>

The Preferred Priorities for Care (also known as PPC) can help you prepare for the future. It gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of your life. You do not need to do this unless you want to. The PPC can help you and your carers (your family, friends and professionals) to understand what is important to you when planning your care. If a time comes when, for whatever reason, you are unable to make a decision for yourself, anyone who has to make decisions about your care on your behalf will have to take into account anything you have written in your PPC.

The following teams can provide additional advice, information and support: local hospital palliative care team, local hospice team, local cancer information centre team, financial/benefits advice team, community nurses, dieticians, physiotherapists, occupational therapists, counsellors, family support workers, continence advisors, charities e.g. Age UK, Macmillan Cancer Support, MIND, Marie Curie. (This is not an exhaustive list).

Your Local Palliative Care team is based at: _____

Patient Name

NHS Number

Holistic Needs Care Plan (complete paper or electronic assessment prior to consultation)

Date: Reviewed by:

Completed at: diagnosis start/end/change of treatment discharge

Concern	Summary of discussion	Agreed Actions and Review Dates	Outcome and Date

Patient Name NHS Number

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