

Intravesical Treatments

By Jo Downs, Bladder cancer nurse specialist

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▶ BCG



▶ Mitomycin C (cold)



▶ Hyperthermic mytomycin C

Patient pathway (2week wait)

- ▶ Referral
- ▶ Haematuria clinic
- ▶ Flexible cystoscopy and CT scan
- ▶ Pre-assessment
- ▶ TURBT (x1 Mitomycin)
- ▶ MDT
- ▶ OPA

Histology

- ▶ Low risk
- ▶ Intermediate risk
- ▶ High risk

Preparing patients

- ▶ Information
- ▶ Support groups
- ▶ Websites

Patient 1 (Mr Chelsea)

74yr old male

Ex-smoker

Educated

Unfit

High risk



Overweight

Warfarin

Mitomycin

Failed BCG

Shy of hospitals

Patient 2 Mr C (Rick Stein fan)

62yr old male

Educated

G3pT1 + CIS



Not keen on
hospitals

Fit

MDT

Defensive

Consultation

Facts

Patient choice



Trust

Respect

Honesty

Mr Chelsea

- ▶ Hyperthermic mitomycin
- ▶ History
- ▶ Spasms - medication
- ▶ Positive urine dip sticks

How did we get through the course?



We talked and talked about football...

Mr C

- ▶ Hostile
- ▶ Angry/rude
- ▶ Disbelieving
- ▶ Patient choice

How did we get through the course?

- ▶ Created a trust through straight talking.
- ▶ Spoke about things of interest.
- ▶ Worked around holidays.

Support Groups

- ▶ Cancer Research
- ▶ Action Bladder Cancer UK
- ▶ Macmillan
- ▶ Hospital run groups

Are we getting it right?

- ▶ ‘Always treated as an individual’
- ▶ ‘Nothing needed to be added to the care I’ve received, I feel I’m being well looked after at every step of my treatment’
- ▶ Many patients thank us for the time we give them

Conclusion

Patients like to know who will be administering their treatments. This is because they start to relax once they know who will be supporting them through the entire process, secure in the knowledge that they are receiving a high standard of care in the urology department of Royal Surrey.