

NMIBC: Surveillance Cystoscopy Schedule - Intermediate Risk Non Muscle Invasive Bladder Cancer

Frequency of cystoscopies

People with intermediate-risk NMIBC will be offered cystoscopic follow-up at 3, 9 and 18 months, and once a year thereafter.

Discharge criteria

Your clinical team will consider discharging you if you have had intermediate-risk NMIBC and have had no new tumours within 5 years of follow-up. This means that you and your GP will be given a clear summary of your treatment to date and guidance regarding what symptoms to look out for that may mean you need to be referred back to urology.

A treatment summary and care plan will be offered to you at the end of any treatment phase. This will be reviewed by your GP at a 6 month cancer care review.

Date sent: _____ Care plan: Accepted Declined
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If you have any concerns regarding your bladder cancer or treatment between appointments, please contact your keyworker. If, after discharge, you have any of the following symptoms you should see your GP to ask to be referred back to Urology:

- blood in your urine
- a proven urinary tract infection that keeps coming back
- unable to pass urine

If you have the above symptoms between urology appointments contact your keyworker. DO NOT wait until your next appointment

Patient Name

NHS Number

Cystoscopy record

| Date | Flexible/ rigid cystoscopy | Recurrence | Size and number of tumours | Listed for Biopsy/ TUR | Plan | Patient Comments | Completed by |
|------|----------------------------------|------------|----------------------------------|------------------------------|------|---------------------|-----------------|
| | | Yes No | | | | | |
| | | Yes No | | | | | |
| | | Yes No | | | | | |
| | | Yes No | | | | | |
| | | Yes No | | | | | |

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| | | Yes No | | | | | |
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| | | Yes No | | | | | |
| | | Yes No | | | | | |
| | | Yes No | | | | | |
| | | Yes No | | | | | |
| | | Yes No | | | | | |

Patient Name

NHS Number