

# NMIBC: Surveillance cystoscopy schedule: High Risk Non Muscle Invasive Bladder Cancer

## Frequency of cystoscopies

People with high-risk non muscle invasive bladder cancer will have cystoscopic follow up:

- every 3 months for the first 2 years then
- every 6 months for the next 2 years then
- once a year thereafter.

If in the future you require further radical treatment for your bladder cancer your treatment schedule will change accordingly.

## Discharge criteria

You will be followed up indefinitely if you have high risk non muscle invasive bladder cancer. This means you will have a cystoscopy at least once a year for life.

**A treatment summary and care plan will be offered to you at the end of any treatment phase. This will be reviewed by your GP at a 6 month cancer care review.**

Date sent: \_\_\_\_\_ Care plan:  Accepted  Declined

Date sent: \_\_\_\_\_ Care plan:  Accepted  Declined

Date sent: \_\_\_\_\_ Care plan:  Accepted  Declined

Date sent: \_\_\_\_\_ Care plan:  Accepted  Declined

If you have any concerns regarding your bladder cancer or treatment between appointments, please contact your keyworker. If, after discharge, you have any of the following symptoms you should see your GP to ask to be referred back to Urology:

- blood in your urine
- a proven urinary tract infection that keeps coming back

If you have the above symptoms between urology appointments contact your keyworker. DO NOT wait until your next appointment

Patient Name

NHS Number

## Cystoscopy record

Date	Flexible/ rigid cystoscopy	Recurrence	Size and number of tumours	Listed for Biopsy/ TUR	Plan	Patient Comments	Completed by
		Yes No					
		Yes No					
		Yes No					
		Yes No					
		Yes No					

Patient Name

NHS Number

## Cystoscopy record

Date	Flexible/ rigid cystoscopy	Recurrence	Size and number of tumours	Listed for Biopsy/ TUR	Plan	Patient Comments	Completed by
		Yes No					
		Yes No					
		Yes No					
		Yes No					
		Yes No					

Patient Name

NHS Number

## Cystoscopy record

Date	Flexible/ rigid cystoscopy	Recurrence	Size and number of tumours	Listed for Biopsy/ TUR	Plan	Patient Comments	Completed by
		Yes No					
		Yes No					
		Yes No					
		Yes No					
		Yes No					

Patient Name

NHS Number