

NMIBC: Course of Intravesical Mitomycin C (MMC)

If your bladder cancer is one that recurs (comes back) or is intermediate risk, you will be offered a 6 week course of MMC into the bladder (Intravesical). This will help to reduce the risk of further recurrences.

You will attend for treatment once a week for 6 weeks. The MMC is a purple liquid that is put directly into the bladder through a tube called a catheter. The catheter is removed straight away and you then hold the medication for one hour before you pass urine into the toilet.

You will receive more comprehensive information regarding this treatment and possible side effects from your Urology CNS. This will include information regarding common side effects and more serious symptoms which mean you should contact the hospital immediately and not wait for your next appointment.

You can ask for a copy of the patient information leaflet from your treatment pack.

Side effects which need to be reported to the team administering your MMC, prior to your next appointment are:

- **High temperature above _____°c (please complete according to hospital policy)**
- **Severe flu like symptoms (fever, shivering)**
- **Visible blood in the urine or**
- **anything else that you are worried about**

Patient Name

NHS Number

MMC record

Date	Time	Location	CNS Comments	Patient concerns	Outcome	Completed by

Side effects which need to be reported IMMEDIATELY to the team administering your MMC are:

- High temperature (above 38c)
- Severe flu like symptoms (fever, shivering)
- Visible blood in the urine

Patient Name

NHS Number

MMC record

Date	Time	Location	CNS Comments	Patient concerns	Outcome	Completed by

Side effects which need to be reported IMMEDIATELY to the team administering your MMC are:

- High temperature (above 38c)
- Severe flu like symptoms (fever, shivering)
- Visible blood in the urine

Patient Name

NHS Number

Date	Side effects	Discussed with	Treatment

Patient Name NHS Number